



Academic Year 2025/26

School Nursing Service
Badger House
Oldmixon Crescent
Weston-Super-Mare
North Somerset
BS24 9AY

This document can be provided in other formats and languages, please contact us:

Haddii aad u baahatid dukumentigan luqad kale, fadlan tag:

إذا كنت تحتاج إلى هذا المستند بلغة أخرى ، فيرجى الانتقال إلى:

Jeśli potrzebujesz tego dokumentu w innym języku, przejdź do:

Tel: **0300 125 6798**

Email: nsomerset.schoolnurses@nhs.net

September 2025 Intake - Reception Year

Dear Parent/Guardian,

Starting school can be both an exciting and worrying time for you and child. Your child is taking a big step and starting a new chapter of their life. We would like to take this opportunity to welcome you and your child to the School Nursing Service. The School Nursing Service provides public health services to children aged 5 -19 years across North Somerset, we will be here to support you and your child as they make their journey through education.

The School Nursing Team is contactable from 9am-5pm Monday to Friday (all year round) on **0300 125 6798** or by emailing: nsomerset.schoolnurses@nhs.net should you wish to discuss any health concerns you may have about your child.

National Child Measurement Programme (NCMP) and Vision Screening

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). We collect this information to build an understanding of how children are growing. The information from the NCMP is used by local councils and the NHS to plan the provision of health and leisure services for families to promote healthier growth in children.

Alongside measuring height and weight, your child will also be offered a basic vision screen. NHS guidelines recommend that all children's eyesight is checked in their first year at school with the aim of finding any problems early so that your child can receive effective treatment. If your child is currently wearing glasses, they will not need the check.

Later in the academic year you will receive further information electronically via school about the National Child Measurement Programme (NCMP) and vision screening.

All parents/guardians will be given the option for your child not to take part in either of the programmes by completing and returning the opt-out forms to the school nursing team by a set date. If you need

further support with the electronic form or if it is needed in an alternative format, please do let us know.

If you would like to find out how else the School Nursing Service can support you and your child, please access the Sirona website at <https://sirona-cic.org.uk/children-services/> or scan the QR code below.



If you have any queries, please do not hesitate to contact us.

Yours faithfully,

School Nursing Team