

HEALTHY RELATIONSHIPS

- **Jigsaw** Widely recognised scheme of work which develops a mindful approach to PHSE (Personal, Health & Social Education)
- **Anti Bullying:** What is bullying, what is the impact and how can we build healthy friendships. Anti Bullying week and pastoral interventions. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying:
- **Child on Child abuse:** what does this look like and how can we respond
- **Hate crime awareness sessions** with local police including sessions on knife crime for older children
- **Relationship & Sex Education lessons.** Focusing on changing bodies and how relationships change during this time and healthy relationship.
- **PANTS (NSPCC Resource):** Acceptable and unacceptable physical touch; personal boundaries and the right to privacy. Secrets, keeping secrets, Upskirting, consent.
- **CSE awareness raising and exploitation**

METHODS

- Assemblies
- Class based learning and start of year class contracts
- 1:1 work and group, as necessary
- External visitors
- External and community visits
- Online materials and resources
- Literature and publications: Adults who work with me, NSPCC PANTS resource, Avon and Somerset Police Hate Crime workbooks
- Structured, dynamic, ongoing conversations across school
- Kindness Ambassadors

ONLINE SAFETY

- Online Safety committee represented by staff and pupils.
- Online Safety curriculum which focuses on photography, videos and links with digital literacy and works on digital communication, use of mobile phones and social networking and rights and responsibilities.
- 1:1 pastoral work focusing on social media dangers and keeping self safe online:
- Parental engagement around safer online use
- Use of social media to promote discussions and inform parents, carers and children on current online trends

BANWELL SAFEGUARDING CURRICULUM

ENVIRONMENTAL DANGERS

- Road, rail, coastal safety and keeping safe in the community: input in class and via visitors and assemblies across all years. Lifeskills visit.
- Trusted adults who can help if we are in danger (police, fire, paramedics coastguard, lifeboats). How do we know who is a trusted adult, what tells us?
- Forest school learning sessions & out door learning handbook
- Pastoral programme focusing on stranger danger: accessible to all years on an individual basis and at specific times of year (eg, darker nights)
- Community issues and dangers: e.g. county lines, drug use and criminal exploitation. Village specific dangers (Banwell Rec, Bypass & Housing Developments, Banwell traffic hazard)

ADULTS IN SCHOOL WILL:

- Keep children safe
- Listen to children
- Not have favourites
- Not contact children on social media or their phone
- Give out rewards or prizes fairly
- Only use touches that are safe and never secret
- Not use mobile phones around children in school
- Be your teacher not your friend

SOCIAL EMOTIONAL AND MENTAL HEALTH

- Daily wellbeing sessions for all children
- Daily mile to promote positive physical wellbeing
- Positive touch: what is this and how does it help our mental wellbeing
- Mental Health Education Practitioner based at school
- School based Mental Health First Aider
- RHSE through jigsaw programme Focusing on changing bodies and how relationships change during this time
- Bespoke pastoral support programmes focusing on self esteem, personal hygiene, resilience...etc
- Education about alcohol, tobacco and drugs from health professionals & teachers
- What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices
- Young Carers support and workshops
- Kooth resource