



BANWELL PRIMARY SCHOOL

Belong Believe Achieve

Headteacher: Mrs C Pocock

West Street, Banwell, North Somerset, BS29 6DB

Telephone: 01934 822498 Fax: 01934 825020

Email: office@banwell.extendlearning.org

Web: www.banwellprimary.co.uk



8 September 2023

Dear Parents & carers,

Great news! Sports for Champions, a sports charity, are coming to visit our school on Wednesday 18th October; the pupils will be taking part in a sponsored fitness event that has been organised by Sports for Champions.

The main attraction of their sponsored fitness circuit will be a GB International Athlete or Olympian. This athlete will be working with the children throughout the event and will give an inspirational assembly for pupils to learn how their athlete got into sport, nutrition, give a demonstration of their sport and finish off with a Q&A session. Sports for Champions' athletes aim to inspire the children and give tips on how to succeed by outlining the four key elements of SUCCESS; Teamwork, Responsibility, Communication and Creativity.

These athletes are all exceptional role models and deliver truly inspirational speeches about their careers so far. The medals and trophies that they bring along to show the children, highlight their commitment to sport and the years of dedication that has been given. The charity understand that not every child is orientated towards sport; however they aim to give children a feeling of accomplishment and self-belief at the end of the event, that we hope stays with them forever.

The sponsored circuit is essentially four simple exercises:

- Spotty dogs (Warm up exercise and great for fine tuning their coordination)
- Leg Drives (Helps build lower body and leg strength)
- Press ups, or Half Press ups (Helps build upper body and core strength)
- Star Jumps (Gentle warm down exercise) and you will be sponsoring your child for the entire circuit rather than each repetition.

Sports for Champions is an exciting and productive program for everyone involved. Not only does it raise funds for our school, Sports for Champions will also receive a percentage of the sponsorship money. This money will be used to help unsponsored, Great British athletes that have just broken onto the GB squad. Unfortunately not all athletes are funded by the National Lottery or large sports brands. The sponsorship raised is primarily used to allow the athlete to be able to commit as much time as possible to their sport and be able to cover travelling, equipment and medical costs on their journey to the top of their professions.



If your child raises between £5 and £15 they will be presented with a photo card of the athlete. If they are able to raise between £16 to £34, they will be presented with a poster of the athlete. If they raise £35 or more, they will be presented with an autographed instant photo of themselves alongside their GB athlete in a keepsake wallet. There will be also be stickers awarded to every child so that no one is left out.

We have set up a Crowdfunder secure digital fundraising page and ask that all sponsorship money is donated this way. All you will need to do is scan the QR code on the sponsorship form and search for Banwell Primary School.

Thank you for your support and I hope that your child really enjoys this fantastic sports opportunity.

Mr M Farmer

Banwell Primary School P.E Lead