

## Family Forest Skills- Rewild yourself in nature.

### What to expect

Imagine getting away from busy modern day living for just for a couple of hours. Spending time outdoors getting closer to nature, taking time to relax and enjoy our surroundings.



### Free sessions for families with SEN Children

#### Activities include

- Fire lighting and campfire cooking.
- Crafts using natural materials.
- Nature inspired craft activities.
- Green woodwork using traditional tools.
- Hands on land management skills.



A chance to meet and socialise with other SEN families

#### Where

@ Worle Centre  
58 New Bristol Road  
Weston-Super-Mare,  
BS22 6AQ

To book a space  
please use following link.

<https://forms.office.com/e/k21STJF1rM>

Sessions are run by a qualified forest school leader for more information please contact [rachael.scrase@brandontrust.org](mailto:rachael.scrase@brandontrust.org).

#### When

Wednesday July 30<sup>th</sup>  
Wednesday Aug 6<sup>th</sup>  
Wednesday Aug 13<sup>th</sup>  
Wednesday Aug 20<sup>th</sup>  
Wednesday Aug 27<sup>th</sup>

Morning Session :  
10am- 12:00

Afternoon Session:  
1pm- 3pm

Sessions funded by the VSCE Alliance and NHS Bristol, North Somerset and South Gloucestershire ICB

